Eton End

I am • I can • I ought • I will

Pupil's Policy Against Bullying

ETON END SCHOOL
35 Eton Road, Datchet

Pupil's Policy Against Bullying

It is important for everyone in the school to feel **safe and happy**. Our values at Eton End tell us that we should show respect and empathy towards others and always act with integrity.

No-one should feel afraid to take action by seeking help if they are unhappy or if they notice that someone else is upset. Acting with integrity means always doing the right thing even when no one is looking. **Everyone** needs to take positive steps to make sure that Eton End is a happy and a trusting school where bullies - of any sort - are not tolerated.

What is bullying?

If you do something repeatedly and deliberately which makes someone else unhappy, then you are probably bullying them.

Bullying can be **physical**:

- Hitting, pinching, kicking or punching another person
- Ganging up with others on someone
- Pushing or shoving with the aim of causing hurt or humiliation
- Intentionally taking, hiding or damaging someone's property is also bullying
- Continually spoiling their playtimes by breaking up their games

Bullying can be **verbal**:

- Sneering at someone and perhaps encouraging others to do the same) for not being successful. Sometimes being **too** successful can attract envious sneers
- Constant criticism of someone because of the way they look or behave
- Deliberately and repeatedly leaving someone out of games and conversations
- Being unkind or aggressive in your language, particularly when addressed to one person

- Making it clear that you do not like someone, and persuading others to follow your lead
- Sending unpleasant notes or letters
- Spreading rumours
- Banter, roasting, personal remarks or jokes about personal circumstances are not acceptable and fall into the category of bullying

Bullying can be **cyber-bullying**:

- Sending unkind photographs or messages on mobile phones, social websites, computers or any other electronic device to tease, bully or threaten
- Pretending to be someone else online – faking identity
- Spreading rumours or gossip about someone

What can I do to stop it?

If you spot an incident of bullying you should take steps to stop it by doing one or more of these things:

- Tell a teacher
- Tell your parents
- Tell an older child - a Year 6 pupil would be good
- Tell a friend or any other child whom you trust
- Point out to the bully - if you are brave enough - that such behaviour is unacceptable
- Write what is happening down and give to a grown up

Never meet violence with violence. If you take the law into your own hands you may be the one who ends up in trouble.

It is easy to spot physical bullying but other forms of bullying are just as hurtful and make you feel just as unhappy.

No one likes a bully although some may appear to, simply because they are afraid of the bully.

It is up to **EVERYONE** in the school to make sure that bullying is not tolerated.

This requires courage, acting with integrity, showing empathy, sticking up for your friends and telling the truth.

To tell on a bully is for the good of everyone - the victim, the bully and the whole school community. Not telling is making the situation worse for everyone.

Who do I turn to for help?

If you feel you are being bullied, then the really important thing to do is to **TELL SOMEONE**. The situation will not get worse, it will get better and you will feel happier once it has been dealt with.

Here are some people at school who can help and a suggestion of places where you can find a listening ear in confidence:

Who?	Where?
Your Form Teacher	Classroom / Staff Room
Any teacher	Staff Room / Classroom
Mrs Bond	In her office or around school
Miss Logan	Goldfinch Y3 classroom or the SLT office
Mrs Stanforth	Rooks Y6 classroom or the SLT office
Mrs Makhani	DMRL, Ravens Y6 classroom or the SLT office
Miss Peddie	The Nest
Your parents	At home
A Year 6 pupil	Anywhere around the school
Any trusted friend or adult	
Childline	0800 1111

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